



2017-2021 Action Plan

ASIAN AMERICAN DIABETES RESEARCH PRIORITIES

1. NHANES/CDC Asian Oversampling Data Analyses and Inferences

To collaborate and work with CDC to analyze and present data collected on diabetes, obesity, and obesity related disorders among Asian Americans.

2. Resistance Training Study - Types of Exercise for Asian Americans

To assess and evaluate strength and resistance training as alternatives to losing weight for Asian Americans at risk for diabetes and other obesity related disorders at a comparatively low body mass index.

3. Cardiovascular Disease in Asian Americans at Body Mass Index of 23

To expand the Screen at 23 campaign to include cardiovascular diseases screening; new research has shown correlation between cardiovascular disease and metabolic syndrome with low BMI among Asian Americans.

NATIVE HAWAIIAN AND PACIFIC ISLANDER DIABETES RESEARCH PRIORITIES

1. Native Hawaiian and Pacific Islander Clearinghouse

To promote, highlight and publicize genetic studies and translational studies of Native Hawaiians and Pacific Islanders.

2. State of the Sciences Summit

3. Employee Based Prevention Programs Through Health Plans, i.e., HMSA Model

Hawaii Medical Service Association prevention programs have shown to be effective in helping with diabetes and weight management in Hawaii.

4. Mentorship Program for Researchers

To develop the mentorship program at the University of Arkansas as there is shortage of researchers from Pacific Islander and Native Hawaiian communities

POLICY/ADVOCACY PRIORITIES

1. Continue Screen at 23 Campaign

2. Collaborate with CDC to Assess and Ensure the Effectiveness of DPP within Asian American, Native Hawaiian and Pacific Islander Communities

3. Screen at age 18 and over for Native Hawaiians and Pacific Islanders



